

OVERVIEW FOR PATIENTS

What is the HealthCard® system?

The HealthCard system stores the key elements of your personal health information, including your medical history, medications, allergies and emergency contacts. Similar to a credit card or an ATM card, the HealthCard allows you and your health care providers to access a secure, personal account with your medical information, via the Internet at any time. No medical information is stored on the HealthCard, but it conveniently displays your account number for account access.

Why should I use the HealthCard?

The HealthCard provides several valuable benefits. Each year, 1.5 million Americans are harmed by medication mistakes. Many of these preventable errors are made by health care providers who do not have access to a complete list of a patient's medications and allergies. The HealthCard improves medication safety by "remembering" all of your personal health information for you, even when you are sick or injured. Additionally, the HealthCard allows you to easily transfer your basic personal health information, whether you're changing health care providers or changing cities.

How do I get a HealthCard?

HealthCards are not currently available for individual purchase. The HealthCard is issued to you by a health care provider who is a member of the National Medical Network. To get a HealthCard, take this brochure to your doctor and ask him or her to join the network.

Who pays for the HealthCard?

Generally, the patient is responsible for maintaining a subscription. Group subscription renewals will also be available.

How does the HealthCard work?

After your health care provider issues you a HealthCard, you must activate it at the HealthCapable Web site at www.healthcapable.com. You will select a personal identification number (PIN) that will allow you to access and edit your information. Once activated, your HealthCard can help you at any health care facility that has Internet Explorer and access to the Internet.

If your doctor is a member of the National Medical Network, he or she should help keep your HealthCard account up-to-date by maintaining a current list of your medications. Your doctor will not need your PIN to retrieve your health information; he or she will only need your

account number, which is printed on your HealthCard. Your doctor can also retrieve your health information using your name or date of birth, if you supply your PIN.

What if my doctor is not a member of the National Medical Network?

If your doctor is not a member of the National Medical Network, he or she will need your user name and PIN to access and update your health account. The HealthCard link found at www.nationalmedicalnetwork.com leads to a log in page.

How does the HealthCard work in an emergency?

In the event of an emergency, your personal health information can be retrieved (but not edited) by any health care provider by clicking on an “emergency access” link on the HealthCapable Web site and entering the account number printed on your HealthCard. If you lose your HealthCard, you can disable this feature at any time.

Is there a yearly fee to use my HealthCard?

Most HealthCards comes with a one-year initial subscription. Accounts are deactivated after three years without use. If you need to extend your subscription, you can extend your subscription by logging in to your account.

Is the HealthCard secure?

Yes. The HealthCard system was designed by technology experts from the financial industry and a government security agency. While no system is perfect, access to your personal health information is limited to you and your health care providers using a security model similar to that of an ATM card.

What happens if I change doctors or move to another city?

The HealthCard allows you to easily transfer your health information to other health care providers, including pharmacists. The HealthCard can be used at any health care facility in the country that has access to the Internet.

Any questions?

Additional information is available on the HealthCapable Web site at www.nationalmedicalnetwork.com. You can also email us at support@healthcapable.com.